

# SENIOR RESOURCE LISTING

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## OVERALL ASSISTANCE

### **Assisted Senior Services**

- Phone: 386-847-2322
- Nursing, Assisted Living Assistance

## AGING AT HOME SUPPORT

### **Visiting Angels (Volusia)**

- Phone: 386-788-4655
- Cost: Private pay
- Insurance: Some long-term care policies
- Non-medical in-home care: companionship, light housekeeping, meals.
- Best for: Daily living help at home.

### **Right at Home (Volusia)**

- Phone: 386-675-3390
- Cost: Private pay / some insurance
- In-home care: personal care, reminders, errands.
- Best for: Hands-on assistance.

### **Home Instead (Volusia)**

- Phone: 386-256-0400
- Cost: Private pay
- Companionship and dementia support.
- Best for: Ongoing support.

### **Meals on Wheels (Volusia County Council on Aging)**

- Phone: 386-253-4700
- Cost: Free or donation-based
- Insurance: Not required
- Delivers meals to homebound seniors and includes a brief wellness check.
- Best for: After surgery, illness, or if you cannot cook/leave home.

### **ElderSource (Aging & Disability Resource Center)**

- Phone: 1-800-96-ELDER
- Cost: Free
- Connects to services: Medicare, long-term care, transportation, caregiver support.
- Best for: Starting point for help.

### **AdventHealth Home Health**

- Phone: 386-917-5000
- Cost: Medicare/insurance (if eligible)
- Skilled nursing, PT/OT, wound care at home.
- Best for: Post-hospital care.

### **Halifax Health | Brooks Rehabilitation Home Care**

- Phone: 386-425-4700
- Cost: Medicare/insurance (if eligible)
- Skilled nursing and rehab.
- Best for: Recovery at home.

## **CLOTHING & BASIC NEEDS**

### **Our Lady Star of the Sea Catholic Church**

- Address: 4000 S Atlantic Ave
- Phone: 386-444-9650
- Hours: Thursday 11–1
- Free store with food, clothing, and essentials

## **FINANCIAL & HOUSING HELP**

### **Volusia County Human Services – NSB**

- Address: 421 S Palmetto Ave, New Smyrna Beach
- Phone: 386-736-5956
- Cost: Free (if eligible)
- Rent, utilities, and emergency financial assistance.
- Call Monday after 8 AM for appointments.
- Best for: Crisis financial help.

### **Section 8 Housing Choice Voucher (Volusia)**

- Phone: 386-736-1696
- Cost: Subsidized
- Helps pay a portion of rent for eligible residents.
- Best for: Long-term rent assistance.

### **Low-Income Home Energy Assistance Program (LIHEAP)**

- Phone: 1-866-762-2237
- Cost: Free (if eligible)
- Helps pay electric/utility bills.
- Best for: Utility relief.

### **Medicare Savings Program**

- Phone: 1-866-762-2237
- Cost: Free (if eligible)
- Helps pay Medicare premiums and some costs.
- Best for: Lowering Medicare expenses.

## **FOOD & NUTRITION**

### **Council Of Aging New Smyrna Beach Senior Center & Neighborhood Nutrition Center**

- Address: 724 Pine Street, New Smyrna Beach
- Phone: 386-423-3322

- Meals, social activities, wellness programs, and support services

### **Meals on Wheels (Volusia County Council on Aging)**

- Phone: 386-253-4700
- Cost: Free or donation-based
- Insurance: Not required
- Delivers meals to homebound seniors and includes a brief wellness check.
- Best for: After surgery, illness, or if you cannot cook/leave home.

### **HUM NSB Food Pantry**

- Address: 524 N Dixie Freeway, New Smyrna Beach
- Phone: 386-428-5010
- Hours: Wed/Thu 10–2; Fri 10–12
- Cost: Free
- Provides groceries to individuals and families.
- Best for: Ongoing weekly food support.

### **Gifts of Love (Elks Lodge)**

- Address: 820 Park Ave, Edgewater
- Phone: 386-423-5525
- Hours: Thursday 9–2
- Cost: Free
- Food pantry and support services.
- Best for: Emergency food assistance.

### **Edgewater United Methodist Church Pantry**

- Address: 211 Ridgewood Ave, Edgewater
- Phone: 386-428-6552
- Hours: Saturdays 9:30–11:30
- Cost: Free
- Provides groceries and limited essentials.
- Best for: Weekly food pickup.

### **First Presbyterian Church (DeLand)**

- Address: 724 N Woodland Blvd
- Hours: 2nd & 4th Saturday 9–11
- Provides showers, clothing, and hygiene items

### **St. Vincent de Paul (Edgewater)**

- Address: 3171 S Ridgewood Ave, Edgewater
- Phone: 386-428-0882
- Hours: Saturdays 8:30–11:30
- Cost: Free
- Food pantry assistance.
- Best for: Weekend food support.

### **Allen Chapel Food Pantry**

- Address: 344 Sheldon St, New Smyrna Beach
- Phone: 386-427-2952
- Hours: Wednesday 9–12
- Cost: Free
- Provides food and some produce.
- Best for: Mid-week support.

#### **New Creation Community Church Pantry**

- Address: 150 Oak St, Oak Hill
- Phone: 386-334-8359
- Hours: 1st & 3rd Saturday (call for time)
- Cost: Free
- Provides food assistance.
- Best for: Supplemental pantry.

#### **Hollister Hall – First United Methodist Church (Hot Meals)**

- Address: 215 Palmetto St, New Smyrna Beach
- Hours: Mon/Tue/Thu 11:30–12:30; Sat 4–6; Sun 4–5
- Cost: Free
- Hot meals served on scheduled days.
- Best for: Daily hot meal access.

#### **Colors of Hunger – United Church of Christ (Hot Meals)**

- Address: 203 Washington St, New Smyrna Beach
- Hours: Monday 4–6
- Cost: Free
- Evening hot meal program.
- Best for: Dinner meal.

#### **Shriners Building (Hot Meals)**

- Address: 1111 S Orange St, New Smyrna Beach
- Hours: Tuesday 11–12; Friday 11–1
- Cost: Free
- Hot meal service.
- Best for: Midday meals.

#### **Our Lady Star of the Sea Catholic Church (Human Services Ministry)**

- Address: 4000 S Atlantic Ave, New Smyrna Beach
- Phone: 386-444-9650
- Hours: Thursday 11–1
- Cost: Free
- Free store: food, clothing, and basic needs.
- Best for: Multiple needs in one visit.

## **HEALTH & HOME CARE**

### **AdventHealth Home Health**

- Phone: 386-917-5000
- Cost: Medicare/insurance (if eligible)
- Skilled nursing, PT/OT, wound care at home.
- Best for: Post-hospital care.

### **Halifax Health | Brooks Rehabilitation Home Care**

- Phone: 386-425-4700
- Cost: Medicare/insurance (if eligible)
- Skilled nursing and rehab.
- Best for: Recovery at home.

### **ElderSource (Aging & Disability Resource Center)**

- Phone: 1-800-96-ELDER
- Cost: Free
- Connects to services: Medicare, long-term care, transportation, caregiver support.
- Best for: Starting point for help.

## **HEAT RELIEF & COMMUNITY**

### **Edgewater Public Library (Cooling Center)**

- Address: 103 W Indian River Blvd, Edgewater
- Phone: 386-424-2912
- Cost: Free
- Air-conditioned space during heat; community resources.
- Best for: Heat relief.

## **HOT MEALS BY DAY** (as of 7/15/26)

### **Weekly Meal Locations**

- Monday: Hollister Hall 11:30–12:30 | Colors of Hunger 4–6 \*\*215 Palmetto St, New Smyrna Beach, FL 32168
- Tuesday: Shriners 11–12 | Hollister Hall 11:30–12:30 \*\*1111 S Orange St, New Smyrna Beach, FL 32168
- Thursday: Hollister Hall 11:30–12:30
- Friday: Shriners 11–1
- Saturday: Hollister Hall 4–6
- Sunday: Hollister Hall 4–5

## **HOUSEHOLD HELP**

### **Visiting Angels**

- Phone: 386-788-4655
- Provides help with cleaning, laundry, and daily tasks

### **Right at Home**

- Phone: 386-675-3390
- Provides in-home assistance and companionship

## **HOUSING & FINANCIAL HELP**

### **Volusia County Human Services – NSB**

- Address: 421 S Palmetto Ave, New Smyrna Beach
- Phone: 386-736-5956
- Provides help with rent, utilities, and emergency financial needs.
- Call Monday after 8 AM for appointment.

### **Section 8 Housing Program**

- Phone: 386-736-1696
- Helps eligible residents pay rent.

### **Low-Income Home Energy Assistance Program**

- Phone: 1-866-762-2237
- Helps pay electric and utility bills.

## **HYGIENE, SHOWERS & CLOTHING**

### **God's Bathhouse (Mobile Showers)**

- Locations/Times: Mon 11–1 (310 Douglas St, NSB); Thu 11–1 (1106 S Orange St #9, NSB); 2nd & 4th Sat 9–11 (724 N Woodland Blvd, DeLand)
- Cost: Free
- Showers, hygiene supplies, and clothing (select days).
- Best for: Hygiene access.

### **Our Lady Star of the Sea Catholic Church (Human Services Ministry)**

- Address: 4000 S Atlantic Ave, New Smyrna Beach
- Phone: 386-444-9650
- Hours: Thursday 11–1
- Cost: Free
- Free store: food, clothing, and basic needs.
- Best for: Multiple needs in one visit.

## **LEGAL SERVICES**

### **Community Legal Services of Mid-Florida**

- Phone: 1-800-405-1417
- Cost: Free (if eligible)
- Legal help: housing, benefits, consumer issues.
- Best for: Legal problems.

### **Senior Legal Helpline**

- Phone: 1-888-895-7873
- Cost: Free
- Legal advice for 60+.
- Best for: Quick legal questions.

### **Legal Access for All**

- Website: [legalaccessforall.org](http://legalaccessforall.org)
- Provides simple legal forms and guidance.

## **MEDICAL EQUIPMENT (RENT / PURCHASE / INSURANCE)**

### **Advanced Medical Equipment (Edgewater)**

- Address: 1675 S Ridgewood Ave, Edgewater
- Phone: 386-427-0444
- Cost: Rent or purchase
- Insurance: Medicare/insurance with prescription
- Beds, wheelchairs, walkers, oxygen, lift chairs.
- Best for: Post-surgery equipment.

### **Apria Healthcare**

- Phone: 888-492-7742
- Cost: Rent or purchase
- Insurance: Medicare/insurance
- Oxygen, CPAP/BiPAP, hospital beds.
- Best for: Respiratory needs.

### **Lincare**

- Phone: 855-937-2236
- Cost: Covered or rental
- Insurance: Medicare/insurance
- Oxygen and respiratory supplies.
- Best for: Breathing support.

### **CVS / Walgreens (Equipment & Pharmacy)**

- Cost: Purchase
- Insurance: Usually not covered for OTC items
- Walkers, canes, shower chairs; Rx services and delivery options.
- Best for: Same-day basic equipment and prescriptions.

## **MEDICARE & INSURANCE HELP**

### **SHINE (Serving Health Insurance Needs of Elders)**

- Phone: 1-888-242-4464
- Cost: Free
- Medicare counseling, plan comparison, billing help.
- Best for: Medicare questions.

### **ElderSource (Aging & Disability Resource Center)**

- Phone: 1-800-96-ELDER
- Cost: Free
- Connects to services: Medicare, long-term care, transportation, caregiver support.
- Best for: Starting point for help.

### **Florida Department of Financial Services**

- Phone: 1-877-693-5236
- Helps resolve insurance problems, claims issues, and billing disputes.

### **Medicare Savings Program**

- Phone: 1-866-762-2237
- Cost: Free (if eligible)
- Helps pay Medicare premiums and some costs.
- Best for: Lowering Medicare expenses.

### **Extra Help (Low-Income Subsidy)**

- Phone: 1-800-772-1213
- Cost: Free (if eligible)
- Reduces prescription drug costs.
- Best for: Medication savings.

## **MEDICARE COST & PRESCRIPTION HELP**

### **Medicare Savings Program**

- Phone: 1-866-762-2237
- Helps pay Medicare premiums and costs.

### **Extra Help (Low-Income Subsidy)**

- Phone: 1-800-772-1213
- Helps reduce prescription drug costs.

### **NeedyMeds**

- Website: [needy meds.org](https://www.needy meds.org)
- Find programs that reduce medication costs.

## **PET SUPPORT**

### **Sophie's Circle Pet Food Pantry**

- Address: 1800 Pioneer Trail, New Smyrna Beach
- Phone: 386-690-6771
- Cost: Free
- Provides pet food for those in need.
- Best for: Keeping pets fed during hardship.

## **PRESCRIPTION & PHARMACY**

### **NeedyMeds**

- Website: [needymeds.org](http://needymeds.org)
- Cost: Free resource
- Find programs to reduce medication costs.
- Best for: Searching discounts.

### **Extra Help (Low-Income Subsidy)**

- Phone: 1-800-772-1213
- Cost: Free (if eligible)
- Reduces prescription drug costs.
- Best for: Medication savings.

## **SAFETY & PROTECTION**

### **Florida Abuse Hotline**

- Phone: 1-800-962-2873
- Cost: Free
- Report abuse, neglect, or exploitation.
- Best for: Safety concerns.

### **Federal Trade Commission (FTC)**

- Phone: 1-877-382-4357
- Cost: Free
- Report scams and identity theft.
- Best for: Fraud reporting.

### **Florida Department of Financial Services (Fraud)**

- Phone: 1-877-693-5236
- Help with insurance fraud and financial disputes.

## **SHOWERS, CLOTHING & HYGIENE**

### **God's Bathhouse Mobile Unit**

- 310 Douglas St – Monday 11–1
- 1106 S Orange St – Thursday 11–1
- Provides mobile showers and hygiene services

**First Presbyterian Church (DeLand)**

- Address: 724 N Woodland Blvd
- Hours: 2nd & 4th Saturday 9–11
- Provides showers, clothing, and hygiene items

**TRANSPORTATION****Votran (Public Transportation)**

- Phone: 386-761-7700
- Cost: Low-cost
- Bus and paratransit services, including medical trips.
- Best for: Transportation to appointments.

**ElderSource (Aging & Disability Resource Center)**

- Phone: 1-800-96-ELDER
- Cost: Free
- Connects to services: Medicare, long-term care, transportation, caregiver support.
- Best for: Starting point for help.